

**SOUTHWEST PREPARATORY CONFERENCE  
NORTH ZONE TRACK AND FIELD CHAMPIONSHIPS  
REVISED 4/17/2009**

***RUNNING EVENTS***

4 X 800 - CANCELLED

SATURDAY - 9:00 AM APRIL 18, 2009

9:00 AM	3200 BOYS	
	3200 GIRLS	

SATURDAY - 10:00 AM APRIL 18, 2009

ESTIMATED TIME SCHEDULE FOR THE TIMED FINALS

10:00 AM	4 X 100 RELAY	BOYS
10:10 AM	4 X 100 RELAY	GIRLS
10:20 AM	800M	BOYS
10:35 AM	800M	GIRLS
10:50 AM	110 HH	BOYS
11:00 PM	100 LH	GIRLS
11:10 PM	100M	BOYS
11:25 PM	100M	GIRLS
11:40 PM	400M	BOYS
11:55 PM	400M	GIRLS
12:10 PM	300 IH	BOYS
12:20 PM	300 IH	GIRLS
12:30 PM	200M	BOYS
12:45 PM	200M	GIRLS
1:00 PM	1600M	BOYS
1:10 PM	1600M	GIRLS
1:20 PM	4 X 400 RELAY	BOYS
1:30 PM	4 X 400 RELAY	GIRLS

**FIELD EVENTS**

SATURDAY - FOLLOWING COMPLETION OF RUNNING EVENTS

**GROUP 1**

POLE VAULT	BOYS	FOLLOWED BY
LONG JUMP	BOYS	FOLLOWED BY
SHOT PUT	BOYS	FOLLOWED BY
HIGH JUMP	GIRLS	FOLLOWED BY
TRIPLE JUMP	GIRLS	FOLLOWED BY
DISCUS	GIRLS	FOLLOWED BY

**GROUP 2**

POLE VAULT	GIRLS
TRIPLE JUMP	BOYS
SHOT PUT	GIRLS
HIGH JUMP	BOYS
LONG JUMP	GIRLS
DISCUS	BOYS